

WHY IS THE GENIE SEMINAR NECESSARY? Donald Pet, M.D.

I'm so glad you have come to the Educational Community forever free college level course in HELP...the acronym for Happiness, Enough, Love, and Peace. You are needed to solve the BIGGEST Puzzle that faces humanity:

**Why do we fill our world with fear, scarcity, hate, and war
when the four qualities we want and need are HELP?**

The future of our loved ones and civilization requires us to solve this Puzzle and the many more unsolved mysteries that threaten our well-being.¹

The wonderful news is that we now have the knowledge and the technology to solve this and other perilous puzzles. In this essay you will learn a new process of lifelong education, the genie seminar, that awakens us to our mission and the easy steps to make today's dreams tomorrow's reality. You will learn why mass murder in schools is suddenly common and what we can do to prevent the predicted holocaust if nukes are unleashed en masse. You will be invited to participate in a genie seminar where you will co-create with others the solutions to critical unsolved puzzles. Of equal importance to the wisdom acquired in genie seminars, you will experience comradery, fun, and the opportunity to give and receive emotional support throughout your lifetime.

Your course books and recordings are immediately available to you at www.peace.academy. Now let's understand why lifelong participation in genie seminars is essential to fill our world with 4 HELP qualities required to create a sustainable world and prevent the predictable human catastrophe. When Einstein learned the power of $E=mc^2$ to unleash the energy of the sun, he accurately predicted tribes will proliferate and use weapons with ultimate destructive power (**WUD**). A high level Commission by the joint U.S. Congress mandated a study of over 250 experts on new weapons. Their report to our President² concludes we are losing the battle and WUD will be used in the near future. The Bulletin of Atomic Scientists formed by creators of the atomic bomb with their advisory board of 15 Nobel Peace Prize winners have created a Doomsday Clock to symbolize our degree of danger. On January 25, 2018 they moved the hands to two minutes to midnight, the most dangerous warning since its inception in 1953. The United Nation's committee on the danger from new weapons reported their pessimism, that we are running out of luck. Our most knowledgeable scientists and credible futurists similarly verify Einstein's prediction. Most people recognize the danger, yet we act as though it is not a fact as all.

Einstein did not want to share the formula he discovered but he informed our President when colleagues convinced him what would happen if Hitler got there first.

¹ To name a few: global warming, pollution, overpopulation (starvation), greed, poverty, prejudice, on and on.

² *World at Risk*, Report of the Commission on the Prevention of Weapons of Mass Destruction Proliferation and Terrorism; Bob Graham, Chairman; Vintage Books, December, 2008.

The Manhattan Project was created, and you know the rest. Nine tribes have embraced the formula to proliferate WUD in sufficient numbers to end civilization if unleashed en masse. None have heeded Einstein's most important insight:

*The unleashed power of the atom has changed everything save our modes of thinking and we thus drift toward unparalleled catastrophe ... **a new type of thinking is essential if mankind is to survive and move toward higher levels.** ... The release of atomic energy has not created a new problem. It has merely made more urgent the necessity of solving an existing one.*

The New York Times, May 25, 1946.

The dominant "solution" advocated by our most powerful tribes is M.A.D., Mutual Assured Destruction. The false assumption is that a country will be safe if others understand their aggression will result in their own destruction. Experts tell us to expect that the deliberate act of one person, a human misjudgment, or mechanical error will occur within our generation unless we find a way to prevent the predicted Armageddon. Einstein also told us trying to solve a problem with the same thinking that caused it is insanity. Of course, people don't like to be told what they (we) are doing is crazy.

Here is the critical wisdom Einstein revealed: *We require a newer way of thinking and we don't realize it!* The proliferation of WUD has suddenly made the "normal" adaptive way higher species have been processing information ("thinking") for over a billion years is a "thought addiction" suddenly more dangerous than cancer, AIDs, and the plague. The intentions of our animal brain can be summarized in one sentence: "What works for me, my family, and my tribe for here and now." Equivalent sentences are: "Might makes right"; "My way is the only way" and "Survival is of the physically fittest." Tribes preach The Golden Rule but practice "He who has the gold, rules." We are all born with over a billion years of prior indoctrination ("education") in the animal brain's way of thinking that was adaptive for survival in an uncivilized world. Necessary resources, food and water, were inadequate to support the needs of a rapidly expanding population. Lacking a better way to solve the puzzle, harmful physical confrontation determined who assumed dominance and survived.

Maiming and killing with fists and teeth resulted in a few deaths but tribes survived. The need for greater power ... rocks, bows and arrows, guns and bombs still left the loser likely to survive. Lacking a better way, war became the path to new learning and culture. The introduction and proliferation of WUD have occurred in an instant of historical time. Weapons that offer no second chance changed everything but our way of thinking. Our *thought addiction* to *win/lose* competition is suddenly *lose/lose*. Our innate love of power and war is the way we settle disputes. Nuclear war could end billions of years of progress in civilization within minutes.

We intellectually know the danger, yet we take no action. Why? **Here is the critical takeaway. Emotion is more powerful than knowledge. Willpower is a slave to our animal brain until we appropriately educate our genie organ in the**

universal mental skills that free us from instinct, tradition and human dictators.

We are biologically (emotionally) addicted to the *either/or* way of thinking that has regulated behavior for over a billion years. As with all addictions, the afflicted fail to recognize or acknowledge the addiction because emotions rule intellect. *Only the educated are free...*Epictetus

Our 2 million year young genie organ is like an infant or child compared to our animal brain which has been finely tuned by successful trial and error learning over time. Wish granting intellect is a prisoner to the authority of emotion as the Genie in the fairy tale of Aladdin's lamp is imprisoned until freed to grant its new master three wishes. We are born and remain high level animals until we can relocate the capital of our intentions from the animal portion of our brain to the newly emerging puzzle solving genie organ. Thereupon the Genie will grant unlimited wishes.

The animal brain's "normal" addiction to the love of power and harmful confrontation to resolve stress, more pronounced in males, explains why human history has been defined by its series of wars. It explains why we now witness mass murders in our schools by male shooters who act as high level animals and why our ancestors were required to solve disputes by physical force to assert dominance. War has been the driver of evolution and the cause of temporary peace. The discovery and proliferation of WUD has made the usual way of settling disputes suddenly obsolete. We now understand why Einstein said "*atomic energy has not created a new problem. It has merely made more urgent the necessity of solving an existing one.*"

The animal brain's innate adaptive way of processing information into two-categories...: right or wrong, good or bad (evil), us or them, and so on...has sustained evolution for 3 ½ billion years. The introduction and proliferation of weapons within the last 75 years are so powerful that we can no longer evolve by win/lose competition. We require a newer way of processing information that leads to cooperation for mutual gain. We now have the ability to add the power of wisdom to the power of knowledge, and the feminine power of love to the masculine love of power. We no longer need to compete for scarce resources. We now know how to produce enough food and pure water to sustain our population; and we know how to limit procreation so that we may determine our sustainable population by choice instead of chance.

The wonderful news is that 7 simple word changes can create the newer way of thinking within 30 days and 2 powerful still relatively secret love creation skills can elevate the capital of our intentions from our animal brain to our new wish granting genie organ. The 7plus2 formula would be easy to teach and learn if we were not so addicted to the two category *either/or* way of thinking that has sustained us until the present. We know that success and prevention of relapse from harmful addictions has been most successful when continued emotional support and education is provided. Wisdom awakens us from our erroneous assumptions about who we are and what our purpose is.

World class thought leaders have provided us an abundant source of universal wisdom for genie seminars. They are readily available in books, recordings, and the mass media. For example, the team of Jack Canfield and Patty Aubery has identified 67 universal wisdom principles to “get individuals from where they are to where they want to be” through global education and 600 million books sold. Barbara Marx Hubbard has championed an updated Story of Us supported by scientific knowledge. She asks, “How can we use our new power to do good?” and “Can we learn by choice instead of chance?” Neale Donald Walsh has enlightened us that we are designed by a higher power to serve the larger system of which we are a part. He persuasively asks that we question the popular leap of faith that we are created by a masculine God who magically created all life 6000 years ago, puts people in a very nasty place eternally if they don’t obey his commands, and periodically intervenes to help his favored tribe. He indicates “We have God all wrong” and suggests there is something we don’t yet know that would lead us to change our present assumptions.³ Marci Shimoff has advocates “Love for no reason...and every reason” and “Happiness for no reason...and every reason.” No one person has all the answers to solve the puzzles we face. However, by sharing our wisdom in puzzle solving genie seminars our collective energy offers the best hope to solve the Biggest Puzzle and each current and new challenge we know will come before us.

The updated Story of Us based on the scientific method was popularized by Darwin just 150 years ago. He and others conclude life began with simple life forms characterized by the ability to create energy, gradually increase in complexity and sophistication of function, and redirect our “love” energy to support the greater system. There were no stories for billions of years until the development of language about 50,000 years ago. Then tribes created multiple stories of who we are and what our purpose is. With the growth of knowledge, we are envisioning a universal story of who we are and our mission. The more accurate our stories of past to the present, the better we can project our trajectory beyond. We are not only able to predict the future with a high degree of accuracy, we are learning to actively create our destiny.

The U.S. war budget is reported to be 1.3 trillion dollars; one billion dollars is allotted to produce robots designed to kill. The “peace” budget is difficult to find. If anyone is aware of a sensible plan to prevent the predicted use of WUD, please let the EC know so we can incorporate it into what Einstein and others believe to be the leading common sense proposal. The million member movement to inspire and support Einstein’s World Peace Army through genie seminars is the easiest, fastest, most enjoyable and efficient way of awakening our global citizens to the collective wisdom that will be unstoppable.

Still unconvinced? Here are some persuasive ideas that lifelong education in the universal skills that create HELP through genie seminars is a necessary action to make our world the happy, loving, home we want and need and prevent what we don’t want.

³ We ignore Einstein’s insight that we are unaware that our once adaptive thought addiction to two-category thinking has been made obsolete by weapons that kill with unprecedented power. We require a newer kind of education.

1. When smart people talk, it's wise to listen. When the world's brightest people speak, it's REALLY wise to listen. When asked to identify the brightest minds, Einstein would be among the most frequently named. He accurately predicted tribes will proliferate and unleash nuclear weapons so destructive that they offer no second chance. Nukes have made our inherited instinctive addiction to *either/or* thinking that divides us into opposing tribes suddenly obsolete. This historically adaptive thought addiction is suddenly more dangerous than any known addiction and we don't realize it! Einstein's most important insight was to tell us what we must do to make our world the happy, loving, peaceful home we want and need and prevent the human catastrophe hardly imaginable to most. ***We shall require a newer way of thinking***; one that leads to cooperation for mutual benefits instead of harmful confrontation to assert dominance. We need to add prevention to learning by trial-and-error in this new era of WUD, where a single mistake can make us the first species to deliberately commit our own suicide. Genie seminars that offer lifelong education in the skills that matter, comradery, fun, and opportunity to give and receive emotional support are the fastest, easiest, most enjoyable and effective means to proceed to succeed.
2. Our machine-like animal brain is programmed through 3½ billion years of trial-and-error learning to emphasize procreation and to sustain the life cycle of our self, family, and tribe. Limited in awareness of moral-spiritual reality, this billion year old portion of our brain focuses on material-physical reality. Over the recent 2-4 million years, a yet unknown creative force has provided us a puzzle solving wish granting *genie organ*, our tool for creativity.⁴ Our genie organ, with maturity and proper education, is designed to add mental-spiritual wealth to our animal brain's focus on material-physical needs. It will enlighten us to conceptual reality: the power of happiness, love, and peace; and recognize our similarities above our differences. A worldwide movement of genie seminars offers a sensible process to co-create the newer way of thinking we urgently require. We are the ones we have been waiting for.
3. Learning what works, i.e. cause and effect, primarily by trial-and-error often has a high cost, sometimes life itself and even species extinction. However, successful attempts are recorded, retained and passed forward by genetic inheritance and tradition. What works is repeated automatically. Instinct is our collection of effective behaviors previously prewired to work with less effort. The power of knowledge continues to grow through trial-and-error learning. The animal brain is a wonderful museum of our ancestors' successful efforts to sustain the life cycle.

Einstein told us the gift of "imagination" provided to our genie organ is among the most important events in history. Our puzzle solving wish granting genie organ equips us to create symbols (language) that serve as signals to call forth meaning and manipulate emotion. Imagination empowers us to create a private personal world parallel to the common reality we share. Imagination is

⁴ We have multiple names for this mysterious force: *God, source, the uncaused cause, and nature*, among others.

our special tool to engage in virtual trial-and-error learning, mentally consider unlimited alternatives, make mistakes, and then wisely select which scenario to introduce into our shared reality. Wisdom is the addition of good judgment to the power of knowledge. This process is labeled “no-trial” learning or “cognitive (mental) rehearsal.” Making our mistakes in our imagination when there is no physical penalty is what we call “prevention.” It is said “An ounce of prevention is worth a pound of cure.” Prevention is especially wise when it comes to the use of WUD that kill everything and offer no second chance. The love of wisdom added to the power of knowledge frees our genie organ from instinct, tradition, and slavery to dictators; we become our own person, i.e. acquire self-mastery. Discovery of universal wisdom elevates us to higher levels of reciprocity and civility.

When we add universal wisdom to the power of knowledge, we free our genie organ to grant us wishes. Creating accurate motion pictures, i.e. stories that reflect the common reality we share, we more effectively foresee the future. Our will power grows our mental freedom to direct our own destiny.

4. Lacking language, our animal brain’s means of processing data is to divide it into opposing *either/or* categories: us or them; good or bad (*evil*); right or wrong; help or hurt; and so on. The animal brain’s focus is recognizing differences to preserve the life cycle. Its meme is, “**What is good for me, my family, and my tribe for here and now?**”

Our genie organ, freed from slavery to the animal brain by imagination, is capable of using symbols to engage in conceptual reality. Our genie organ uses imagination to link images together to create mental motion pictures, i.e. stories. Motion pictures introduce the dimensions of time, space, and conceptual (non-physical) reality, viz. happiness, love, compassion, and the skills that elevate us from high level animals to make us *humane becomings*.⁵ Our puzzle solving genie organ, freed from instinct, tradition and other controllers, is capable of asking questions and creating more accurate stories to discover more accurate solutions to puzzles. Our freed genie organ awakens to our abundant similarities more than our slight differences. The updated meme becomes, “**What is good for my tribe and your tribe, for both now and the future?**” *Both...and* replaces *either/or* thinking. Cooperation for mutual benefit replaces harmful competition to assert dominance. Accurate stories lead to appropriate solutions to difficult puzzles.

5. January 13, 2018, widespread panic occurred during the Hawaii incident where the official agency repeatedly sounded the emergency alert that the Island was under nuclear attack; “This is not a false alarm.” People called loved ones to say goodbye; prayer, begging for help was abundant. Children were reportedly put in sewers. Thankfully it turned out to be a mistake. Imagine what anyone (you!) would be willing to sacrifice throughout the 38 minute emergency to

⁵ Humane becomings is a new word to indicate we are more than static human beings; we evolve to higher levels.

prevent that was assumed to be real. How quickly people went back to sleep when the alarm was discovered to be a mistake.

The world was unaware we were minutes away from Armageddon during the Cuban missile crisis. The Russian submarine captain lost communication. He believed war had started and ordered the release of his nuclear missile to wipe out much of the U.S. Naval Fleet. If the second in command did not refuse the captain's order and cause the crew to mutiny, our President would have little choice but to do the hardly imaginable. It is our nature to learn by trial and error, to take preventive action only after a real heart attack; and then, often for only a short period. There is no action after WUD are unleashed; only prevention. Lifelong education in genie seminars provides the continuous peer support to sustain healthy living and prevent relapse to our animal brain's thought addiction. Can these and related events serve to inspire us to add prevention to our addictive way of learning by instinct, trial-and-error, and role modeling? It is our (your) choice!

6. Here is wonderful news. We are born with the basic tools to do our life's mission. Fish swim, birds fly, and animals walk without understanding why or how due to preprogramming. All species procreate without formal instruction. We rapidly learn to drive a car and use our refrigerator without needing to know how or why the machinery works because thought leaders have prepared the way. By the simple act of turning on the right mechanical switch, we get light even though we don't understand the hidden wiring provided by wise minds. These observations tell us the means to elevate our thinking may be as easy as finding the right word switch(es) to enlighten us.
7. Here is additional wonderful news! 7 simple word changes ("word-switches") are sufficient to elevate the capital of our intentions from our robot-like animal brain to our puzzle-solving wish granting genie organ. 2 relatively secret love creation skills can rapidly teach the modern version of The Golden Rule: *Love myself with the abundance that overflows to enrich the world*. The 7plus2 Formula is easy to teach and learn the essential HELP skills. Most individuals experience the benefits of Einstein's solution, a newer way of thinking (ANWOT), with 30-60 minutes of practice for 30 days. Lifelong participation in genie seminars supports continued growth, provides the joy of solving life's important puzzles, and prevents relapse to our once adaptive addiction to prior memes, i.e. the ways of thinking that are no longer adaptive and may have become harmful.
8. The updating of history, the discovery of evolution by Darwin and other scientists a mere 150 years ago, enlightens us that with maturity and proper education our genie organ can attain mental-spiritual freedom from early dictators. We may assume responsibility for our destiny. We do this by lifelong education in the collective universal wisdom we require to survive and thrive. Einstein's brilliant insight is that the explosive expansion of the scientific method provides us unprecedented constructive and destructive power to do good and create harm.

Power directed by our animal brain and the traditions that were effective in a primitive world where disputes were solved by physical might have been made obsolete by WUD. Power requires direction by wisdom if we choose to prevent the predictable Armageddon. The genie seminar introduces bottoms up education where people co-create practical solutions “of the people, by the people, and for the people.” Lifelong education in our collective wisdom not only wakes us up; it keeps us up.

9. The newer story of us awakens us to the evolution of sexuality. Early life was “bisexual.” Simpler life contained both masculine and feminine energy. As species evolved from a single cell to trillions of cells we required increased sophistication and organs with specialized function. Males reproductive organs produce 1500 sperm/second, 500 billion in a lifetime. He received more muscle, size, and aggression to compete for harem rights and protect offspring. Females create no eggs; her total reserve is understood to be present at birth. She releases one egg/month. Her energy emphasizes the means to birth and to nurture progeny to reproductive maturity with unconditional love. In spite of the gender differences, we note all humans are far more alike than different. Our animal brain remains focused on differences while our genie organ is prone to recognize our likeness. In summary, males tend to direct their energy to the love of power whereas females express greater interest in the power of love.⁶

Throughout history, males have used their greater physical power to subjugate women, thereby inhibiting the unconditional love they offer. Innate and learned male aggression to dominate in win/lose competition is a likely explanation why our history has been described by its series of male led wars and the current rash of male “shooters.” The genie seminar provides a needed forum to restore the balance and address the “war” between the sexes.

10. The animal brain has been wonderfully designed to sustain the species. It coordinates trillions of cells that comprise the machinery of the body. Procreation is featured as a fundamental intention. Males risk everything to procreate and females ferociously protect their loved ones. Our animal brain is blindly obedient to the commands of nature (instinct), nurture (indoctrination), and human dictators. Due to billions of years of trial-and-error learning, our animal brain functions like a thermostat. It keeps a steady equilibrium. It automatically resists change from what has worked in the past. The animal brain’s thought addiction to tribal love is relatively mature and ready to function at birth. Our newer genie organ is described as a “tabula rasa” at birth, an unwritten on tablet, ready to be inscribed by forces over which it has no control. Though highly educable, our genie organ is initially a slave to fate and circumstance, instinct and tradition, and nature and nurture. Like clay, it is molded by tribal norms to serve the “shoulds” of others. Creativity is discouraged. Challenging the tribal norm commonly leads

⁶ Even the sexual differences are relative, *both...and* rather than either/or. Each gender contains male and female hormones: *he-she* instead of *he*; *she-he* instead of *she*. Then genetic inheritance is influenced by early education.

to punishment. Creative thought leaders are ridiculed before innovation is accepted.

A liberating education featuring universal wisdom is the unique opportunity available to our species to attain freedom from our early controllers. We may become our own person, i.e. assume self-mastery! Epictetus, a Greek philosopher born a slave, is credited with the wisdom that explains our creativity. He taught “We are not disturbed by events but by the attitudes we create about them.” If misguided assumptions are a major source of unhappiness, common sense wisdom allows us to conclude that we can create a wonderful life experience by modifying our assumptions. We need only teach ourselves a newer way of thinking that strengthens our will power to free our genie organ from other masters and attain self-mastery. We can replace our instinct for worry and pessimism with optimism and chronic enthusiasm.

11. Education for most people ends after public school. Further education usually emphasizes competing to make a living. Education in happiness, kindness, love, compassion, wisdom, spirituality, and the skills that make life wonderful are difficult to find. Genie seminars make everyone eligible to acquire mental-spiritual wealth, wisdom, and will power. Anyone can become a mental-spiritual wealth millionaire by collecting the universal wisdoms that nourish even when the world is not fair.
12. People want and need social contact for a meaningful life experience. Genie seminars offer many benefits to lonely, single, aimless individuals by offering comradery and mental stimulation lifelong. Members are encouraged to share their views without judgment of right or wrong. The forum provides a learning experience in tolerance for differences among people.
13. Lifelong education through genie seminars exceeds all the criteria to proceed to succeed in making life wonderful: Universal skills such as The Golden Rule are evergreen and acceptable to all or most tribes; wisdom is easily taught and learned by ordinary individuals; education is offered in a comfortable safe environment; supports co-creative learning in the moral-spiritual skills we require; is fun; offers quick measurable results; is free so no one need be excluded; can be made rapidly viral worldwide through the Internet with little time and energy; and provides lifelong comradery and emotional support. If you are aware of other programs that meet all of these criteria we welcome any suggestions that will improve the EC efforts to create a movement of Einstein’s Peace Army.
14. Einstein told us “*The release of atomic energy has not created a new problem. Our new weapons have merely made more urgent the necessity of solving an existing one.*” Settling disputes with fists and physical might has been the “normal” expected way throughout history. Limited damage was done. When frustration exceeds one’s level of tolerance, harmful aggression is an innate instinctive reaction. The rash of mass murders in schools and elsewhere is

noteworthy and unacceptable because our new weapons have unprecedented killing power. Let's wake up to these signals that we are razor edge close to the push of a button that could be far more catastrophic than a kid with an automatic rifle. Genie seminars for younger individuals not only offers a powerful means to teach the universal HELP skills; they provide a forum where dangerous thinking can be identified early. Group support and professional intervention in stage 1 or 2 is more effective than stage 4 when help is most resisted. Presently, we have no better way to prevent this epidemic of mass murders.

Wisdom awakens us to the fact that we have all we need to fill our world with HELP...Happiness, Enough, Love, and Peace. We also have created the means to make us the first species to deliberately cause our own extinction. Working together in genie seminars, we can combine our creative energy to make life wonderful. What is your choice? Remember, no action is a decision.
